



Family, Nutrition, and Exercise Sciences

The Department of Family, Nutrition, & Exercise Sciences (FNES) (pronounced as "*fnesse*") is one of eight departments in the [School of Mathematics and Natural Sciences](#). Our programs are housed in two buildings: Remsen Hall (Family and Consumer Science Education, Food Management Studies, Human Development and Family Science, Nutrition, and Dietetics), and Fitzgerald Gymnasium (Exercise Science and Human Performance, and Physical Education).

Our Mission

The Department of Family, Nutrition, and Exercise Sciences, Queens College, CUNY, prepares innovative leaders through rigorous research, evidence-based practices, and experiential learning. Our multidisciplinary programs in Food Management Studies, Human Development and Family Science, Exercise Science and Human Performance, Nutrition and Dietetics, and Teacher Education in Family and Consumer Sciences, and Physical Education empower students to make a positive impact on society. We equip students with the knowledge and skills to enhance the health, performance, and well-being of individuals, families, and communities.