



Spring 2025

Department Chair: Dr. Ashima Kant | [Email Dr. Kant](#)
Deputy Chair (Fitzgerald Office): Dr. Yaching Hung | [Email Dr. Hung](#)

Undergraduate Programs				
Degree	Program	Advisors	Advising Hours	Advising Hour Method
FMS-BA	Food Management Studies	Prof. Sunitha Jasti – RE 306C Email Dr. Jasti	T: 1:30 – 3 PM or By appointment (Virtual only)	In-person or Virtual Schedule Appointment via Email
FNESED-BA	Family & Consumer Sciences Teacher Education	Prof. Jacqueline Barnaby Email Prof. Barnaby	T: 1 – 3 PM	Virtual Only Schedule appointment via Email
HDFS-BA	Human Development & Family Science	Prof. Elizabeth Riina – RE 306D Email Dr. Riina	TU: 9 – 11 AM	Virtual Only Schedule appointment via Email or Walk-in
		Prof. Mihaela Robila (on Sabbatical)		
NUTDTS-BS	Nutrition and Dietetics	Prof. Victoria Fischer – RE 306B Email Dr. Fischer	TU: 5 – 6 PM W: 2 – 4 PM (Virtual only) TH: 3 – 5 PM	In-person or Virtual Schedule Appointment via Navigate, Email or Walk-in
NEXSCI-BS	Nutrition & Exercise Sciences	Prof. Ann Azzollini – FG 203H Email Prof. Azzollini	M: 2:30 – 3:30 PM T: 1:45 – 2:45 PM	In-Person or Virtual Schedule Appointment through Nasarah
PHYSED-BS	Physical Education	Prof. Jessica Angelastro Email Prof. Angelastro	M: 12 – 1:30 PM	In-Person or Virtual Schedule Appointment via Email, Phone, Walk-in or Navigate
		Prof. Yaching Hung – 203K Email Dr. Hung	TU & TH 10:30 – 12 PM	In-person or Virtual Schedule Appointment via Email
Graduate Programs				
Degree	Program	Advisors	Advising Hours	Advising Hour Method
FNESED-AC	Family & Consumer Sciences Teacher Education	Prof. Jacqueline Barnaby Email Prof. Barnaby	T: 1 – 3 PM	Virtual Only Schedule appointment via Email
FAMED-MSED		Prof. Fernanda Armoza Email Prof. Armoza	T: 10 – 11 AM W: 4 – 5 PM or By appointment	Virtual Only Schedule appointment via Email
FNES-MS	Nutrition	Prof. Ashima Kant – RE 306E Email Dr. Kant	M: 4:30 – 5:30 PM	In-person or Virtual Schedule appointment via Email or Walk-in
	Exercise Sciences	Prof. Anoop Balachandran – FG 230Q Email Dr. Balachandran	TU: 12 – 1:30 PM TH: 3 – 4:30 PM or By appointment	In-person or Virtual Schedule appointment via Email or Walk-in
PHYED-AC	Physical Education	Prof. Eve Bernstein – FG 203D Email Prof. Bernstein	M: 3:15 – 4:30 PM W: 12 – 1 PM	In-person Schedule appointment via Email
PHYED-MSED				
Dietetic Internship		Prof. Allison Charny – RE 306A Email Prof. Charny	M: 4:30 – 5:30 PM M: 12 – 1 PM or as needed (DI advising only)	In-person or Virtual Schedule Appointment via Email

Remsen Office Staff

George Giannopoulos
[Email Mr. Giannopoulos](#)
Chief CLT

Jennifer Yang Tang
[Email Ms. Tang](#)
Admin. Coordinator

Andy Lu
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College Assistant

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College Assistant

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*Virtual advising hours are in red