

**DEPARTMENT OF FAMILY, NUTRITION & EXERCISE SCIENCES
QUEENS COLLEGE**

BACHELOR OF SCIENCE DEGREE IN PHYSICAL EDUCATION (2106)

Dear Student:

Thank you for your interest in our Bachelor of Science (BS) degree program in Physical Education, one of many programs offered by the Department of Family, Nutrition and Exercise Sciences (FNES) at Queens College. FNES is one of eight Departments in the Division of Mathematics and Natural Sciences. The major is designed for students with interest on teaching physical education in the elementary and secondary schools. A general description of the degree program and the required curriculum is as follows.

The Major Program in Physical Education - (Program code: PHYSED-BS)

The academic program in physical education represents a shift in direction and a change in course content that is more appropriate to fulfilling the needs of students preparing to be teachers of physical education for grades pre-kindergarten through twelve. Today, the areas of "health," "fitness," and "wellness," have assumed a more prominent position on the agenda for the Nation's adult citizens as well as for the youth of America. Physical education has a greater emphasis on fitness and motor competence for ensuring a healthy and active lifestyle for youngsters and adults. The educational experiences that foster motor development, fitness, and proficiency in sport performances are woven into the preK-12 grade school curriculum. These goals and experiences also form the educational areas from which the professional teacher is prepared. The teacher education program in physical education is designed to prepare individuals to assume professional roles in a variety of educational and school settings, which engender the diverse cultural and ethnic make-up of urban and suburban communities.

Students who major in physical education engage in an academically rigorous program. The program includes practical field experiences in schools that culminate with a semester of student teaching in elementary and secondary schools. Students go through a series of course experiences that require them to develop the goals necessary for teaching pre K-12 children. The academic program in physical education in content and structure includes:

1. higher requirements and standards for the major program
2. higher academic requirements and professional standards for entering and maintaining status in the professional education component of the program
3. the design of sequentially ordered course experiences and "blocks" of courses that adequately prepare individuals to achieve the ultimate goals and competencies of the program. They also foster more social-academic interactions among groups of students majoring in physical education
4. a closer collaboration with schools and partnerships with school practitioners
5. the design of carefully planned clinical course experiences that facilitate a more experiential and knowledge based type of professional education

Students interested in this program should consult with the undergraduate advisor in Fitzgerald Gymnasium, Room 203: Dr. Ariela Herman, phone: (718) 997-2715, Email: aherman@qc.cuny.edu. All advising is by appointment only.

Note: **The BS degree in Physical Education meets requirements for teacher certification.**

Students who do not have an interest in teaching and have an interest and strong background in the sciences should consult the advisor for the Nutrition and Exercise Sciences program. Information on all other program and advisors can be found by navigating the Queens College website.

<http://www.qc.cuny.edu/Academics/Degrees/DMNS/fnes/Pages/default.aspx>

To declare the major:

All students must make an appointment for an initial advising session conducted by the undergraduate program advisor. These sessions occur during the Fall and Spring semesters during the preregistration advising period. Please contact the department for further information 718-997-2710.

During the advising session:

- Declaration of Major forms signed
- Review of the requirements for the major
- Program plans are created

Students will need to file the signed Declaration of Major form with the Registrar representative at One Stop Service Center located in the Dining Hall, room 128. Please check the Queens College website for hours and directions: <http://www.qc.cuny.edu/StudentLife/services/onestop/Pages/default.aspx>

Students coming from two year feeder programs will need to have transfer credits evaluated and are strongly encouraged to attend a Transfer Evaluation Workshop conducted by the Academic Advising Center located in Kiely 217, Phone: 718.997.5599, <http://advising.qc.cuny.edu/>

Bachelor of Science in Physical Education (84 credits) (Program code: PHYSED-BS)

The curriculum is made up of courses in physical education which total 83 credits. This also includes courses in biology and statistics.

For detailed course descriptions please visit: <http://www.qc.cuny.edu/registrar/Pages/Welcome.aspx>

A minimum grade of C or higher is required for all prerequisite and major classes before advancing to the next level of courses. A student may not repeat a major course more than once beyond the initial enrollment in the course. Many courses have grade requirements of B or higher, so please see course requirements page.

Early (pre) Registration

- Pre-registration is available to FNES students for FNES, BIO, and SEYS curriculum courses. Only students who have declared their major with FNES can pre-register.

- Early registration is in October or early November for Spring semester courses and March or early April for Summer and Fall semester courses. This information is subject to change, please check with the FNES department each semester.
- Information regarding pre-registration will be sent via an email notification to your QC email account. Flyers will also be posted in Fitzgerald Gym and Remsen 306. If miss pre-registration you most likely will NOT be able to be placed into the classes you require.
- The **student** will be responsible for checking their record for holds **prior** to preregistration. If there is a hold on an account and the department is **unable** to register the student, the department **will NOT** hold a seat.

**Course Requirements for Physical Education Majors
(Major code PHYSED-BS)**

Course # & Name	#of# credits	Pre-requisite	Semester offered	Field work	Grade Requirement	Special Notes
FNES 143 Fund. Motor Skill	1	N/A	Fall Spring	N/A	C or better	TAKE with 266
FNES 266 Pre-K Elementary	3	160 & 161w	Fall Spring	25 hours	B or better	TAKE with 143
FNES146 Sport Skill Analysis	3	143	Fall Spring	N/A	C or better	
FNES 160 Principles & Foundations	3	N/A	Fall Spring	N/A	B or better	
FNES 161w Intro to Teaching	3	FNES 10, FNES 160, FNES 230 Eng 110	Fall Spring	School site	B or better	
FNES 230 Exercise Energy Weight Control	3	N/A	Fall Spring	N/A	C or better	
FNES 235 Movement Analysis	3	Bio 40	Fall Spring	N/A	C or better	
FNES 253 Psychology of Sport	3	N/A	FALL Summer 1	N/A	C or better	
FNES 381	3	FNES 161W	Spring	15 hours	B or better	
FNES 342 Physiology of Muscular Activity	3	Bio 40, Chem101.1, 101.3	Fall Spring	N/A	C or better	
FNES 343 Motor Learning & Performance	3		Fall Spring	N/A	C or better	
FNES 369 Method of Teaching	3	161w, 266,	Fall Spring	25 hours	B or better	Taken in the semester immediately prior to student teaching
FNES 379 Student Teaching	6	All courses completed	Fall Spring	N/A	C or better	No incompletes.

Major declared Fall 09 forward/ initial enrollment + 1 for ALL major classes (FNES, BIO, SEYS, EECE, SOC/PSY, ENG110)

FNES 311 Physical Fitness & Training Programs	2	161w, 230	Fall Spring	15 hours	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 212 Teaching & Assess. /Team Activities	1	161w, Basketball, Soccer, Softball	Fall Spring	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 214 Teaching & Assess. Individual Activities	1	161w, Tennis, Volleyball	Fall Spring	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 10 Assessment & PE Standards	1		Summer 1 Fall	N/A	B or better	
FNES 12 Volleyball	1		Fall/Spring Summer 1	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 12 Basketball	1		Fall /Spring Summer 1	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 12 Softball	1		Fall/Spring Summer 1	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 12 Soccer	1		Fall/Spring Summer 1	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 14 Badminton	1		Fall/Spring Summer 1	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 14 Tumbling	1		Fall Spring	N/A	C or better	Average of skill classes (7 of 11) must be a B (3.0) or better
FNES 13 Dance	1		Fall/Spring Summer 1		C or better	

**Major declared Fall 09 forward/ initial enrollment + 1 for ALL major classes (FNES, BIO, SEYS, EECE, SOC/PSY, ENG110)
MUST TAKE INTERMEDIATE LEVEL FOR SKILL CLASSES**

Course # & Name	# of credits	Pre-requisite	Semester offered	Field work	Grade Requirement	Special Notes
SEYS 201W	3	ENG 110	Fall Spring	20 hours	C or better	Register on own Average of all SEYS/EECE classes must be B (3.0) or better
SEYS 221	3	SEYS 201W	Fall Spring	20 hours	C or better	Register through department Average of all SEYS/EECE classes must be B (3.0) or better
*EECE/SEYS 340	3	SEYS 201W, SEYS 221	Fall Spring	15/20 hours	C or better	Register through department for SEYS Average of all SEYS/EECE classes must be B (3.0) or better
SEYS 350	3	SEYS 201W & 221	Fall Spring	20 hours	C or better	Register through department Average of all SEYS/EECE classes must be B (3.0) or better
*EECE 310W	3		Fall Spring	N/A	C or better	Register on own Average of all SEYS/EECE classes must be B (3.0) or better
ECPSE 350	3	Corequisite FNES 369	Fall Spring	20 hours		<u>ALL STUDENTS DECLARING FALL 2011 forward</u>
SOC 205** /PSY 107	4		Fall Spring	N/A	D	Register on own ** Must have SOC 101 to take SOC 205

**Major declared Fall 09 forward/ initial enrollment + 1 for ALL major classes (FNES, BIO, SEYS, EECE, Soc/PSY, ENG110)
Registration for ALL SEYS & EECE courses must be done with that department**

Register for Summer 1 & 2 with Fall preregistration

Course # & Name	# of credits	Pre-requisite	Semester offered	Field work	Grade Requirement	Special Notes
BIO 40 Anatomy & Physiology I	4	N/A	Fall/Spring	N/A	D	
BIO 41 Anatomy & Physiology II	4	Bio 40	Fall/Spring	N/A	D	

Register for Summer 1 & 2 with Fall preregistration

All students in the program must follow the pre-requisite sequences. There will be no exceptions.

THE INFORMATION FOUND ON THIS PAGE IS SUBJECT TO CHANGE

October 15, 2013

Sequence of Courses- Transfer Students - completed college requirements
include basketball, volleyball, soccer, softball, tennis, tumbling and folk dance

This does not

FIRST SUMMER SESSION – FNES 10

First

FNES 160
FNES 230
FNES 343
BIO 40
SEYS 201W

Second

FNES 161W
BIO 41
FNES 342
SEYS 221
EECE 340
*Statistics

Third

\$FNES 143
\$FNES 266
FNES 311
*FNES 253(In Fall or summer)
SEYS 350
\$EECE 310

Fourth

\$FNES 369
\$ECPSE 350
FNES 146
\$FNES 381
FNES 212
FNES 214
FNES 235

Fifth

FNES 379

- During the summer sessions students may take any activity courses (except courses listed as beginner courses), education courses, and FNES 253.
- Activities to be placed during any semester. However- Basketball, Soccer, Softball must be taken prior to FNES 212, Badminton and Volleyball prior to 214.
- Courses with \$ sign, should be taken together in the same semester. ECPSE 350 must be taken with FNES 369. FNES 143, FNES 266 must be taken together and EECE 310 should be taken at the same time.