



Department of Family, Nutrition, and Exercise Sciences

Dear Prospective Student:

Thank you for your recent request for information concerning New York State Initial Certificate in Physical Education and the Master of Science in Education/Physical Education program offered by the Department. Enclosed is a description of the program and course requirements for your review. This program of study is designed for students who have completed a baccalaureate degree, either majoring in Physical Education without the required course work in Education for New York State Teaching Certification, or having completed an undergraduate degree without a major in Physical Education. Be advised that for those who are certified and are teaching in another subject area, this program requires 25 hours of observation in both elementary and secondary (including middle school) levels.

The applicant must, in addition to meeting the entrance requirements for graduate study at the College, complete all entrance requirements for the Initial Certificate program. Firstly, considering that prospective students are coming from a variety of academic experiences, the Department requires that each candidate submit a Letter of Intent. This letter must include the individual's: (i) academic and life-experience background in Physical Education and Sport; (ii) teaching and coaching experiences with groups especially at preK-12th grade level (letters of recommendation from supervisors are required); (iii) future teaching plans and goals based upon completion of this academic program; and (iv) a philosophical statement of the role of physical education in society. Secondly, the Department feels that the undergraduate academic performance of the student is an important factor in the selection process; include transcripts from all post-secondary schools, and make sure that your baccalaureate degree is posted. Finally, in addition to the above materials, a matriculant application must be completed. The application must be processed electronically at: <https://www.qc.cuny.edu/ga/>

The review process begins when the completed application with the supporting documents has been submitted. The Department's Admissions Committee will evaluate the application and student will be notified of the committee's findings shortly following the application is complete. If additional questions arise, please feel free to contact Dr. Bernstein at eve.bernstein@qc.cuny.edu

Sincerely,

Eve Bernstein

Eve Bernstein, Ed. D.
Graduate Adviser

Application Check List

1. Letter of Intent

- Academic and life experience background in Physical Education and Sport including participation in varsity sports.
- Teaching and coaching experiences with groups especially at preK – 12th grade level.
- Future career plans after completing program.
- A philosophical statement of the role of physical education in society.

2. Letters of Recommendation

- Three letters of recommendation must be submitted;
At least two letters must be from instructors who are in a position to attest to the applicant's capacity to successfully complete a program of graduate studies.

3. Transcripts

- All Post-Secondary Schools including one showing baccalaureate degree awarded. (High school transcript may be required to support language requirement, see below)

4. Other Requirements (complete form on page 4)

- Language Other Than English (passing the 3rd Year Regents Exam (provide school transcript), or six semester hours of a foreign language at the College level.
- The applicant must hold a bachelor's degree with a General Education core in the liberal arts and sciences.
- Provide Liberal Arts and Sciences, and Foreign Language Assessment Form. (see page 4)

5. Interview (if required)

6. Application for Matriculation for the Graduate Division

- The application must be processed electronically at:
- <https://www.qc.cuny.edu/ga/>
- Applicants must write and submit a 500-word essay explaining their objectives in applying for graduate study and including a brief personal statement. Recommend that the essay be written prior to the Letter of Intent.

*Department of Family, Nutrition, and Exercise Sciences
Queens College of the City University of New York*

Program of Study: Advanced (Post-Baccalaureate) Initial Certificate in Physical Education (PreK-12), and the Master of Science in Education leading to the Professional Certificate

This sequence of courses prepares students for the New York State Initial Certificate to teach Physical Education PreK-12. It is designed for individuals who have completed an undergraduate major other than in teacher preparation in physical education, want to teach physical education, and wish to complete a Master of Science in Education degree in Physical Education. Course requirements will vary depending on courses taken in undergraduate program.

Requirements for Admissions and Maintenance for the Advanced Initial Certificate in Physical Education (PreK-12)

Admission to the program begins with submission of an application for matriculation. In addition to the application, a student must submit a letter of intent, (in addition to the application essay) which includes the student's background in sport and physical education, experiences working in sport, recreation or physical education settings with children and young adults, any teaching experience, a philosophical statement on the role of physical education in society, and career plans upon completion of the program. The applications are reviewed by an Admissions Committee which considers among other factors, the letter of intent, the graduate application with particular attention to performance in undergraduate work and in writing courses, and letters of reference.

The applicants must hold a bachelor's degree with a general education core in the liberal arts and sciences. Applications who majored in physical education but do not hold an initial certificate may be required to take additional courses (deficiencies) in the undergraduate level offerings to assure compliance with the New York State Education Department's regulations for preparing teachers of Physical Education PreK-12.

Applicants are also required to have at least six semester hours, or its equivalent, of a language other than English. They must meet, as well, the general admissions requirements for graduate study at Queens College, including a cumulative and academic major grade point average of B (3.0 GPA) or better. Students must maintain a B average to be retained in the program, and to graduate.

**Department of Family, Nutrition, and Exercise Sciences
Queens College of the City University of New York**

**Advanced Initial Certificate Program in Physical Education
Liberal Arts and Sciences, and Foreign Language Assessment Form**

Applicant: .

Complete Sections I, II or III, and submit with Graduate Application for Matriculation:

Requirements for Entrance A	Course of Degree/ School	Date of Completion
I. Foreign Language B		
II. Liberal Arts and Sciences degree C		
III. Liberal Arts and Sciences D	X	X
A. Scientific and Mathematical Processes		
B. Historical and Social Scientific Awareness		
C. Artistic Expression and the Humanities		
D. Communication		
E. Written Analysis and Expression		

A Evidence must be provided.

B Satisfied by passing grade on Foreign Language – 3rd Year Regents Exam (include high school transcript), or six semester hours of a language other than English at the college level.

C Satisfied by completion of an associate of Arts Degree (**AA**) (Liberal Arts and Sciences), or Bachelor of Arts (**BA**), or Bachelor of Science Degree with a General Education core curriculum (**BS-GEC**). Indicate degree in the box above.

D Completion of a degree other than listed in Section II – identify courses and the College in the appropriate box for each of the areas listed (A-E); if no courses were taken, write “none”. Deficiencies will be added to the conditions of admissions.

Program: Initial and Advanced Certificate in Physical Education

I. Course Deficiencies

- A. Physical Education and Human Movement Studies
Movement Performances and Sports **(a)**
- a. FNES 10 Introduction to Skill Assessment & Physical Education Standards (Fall) 1 cr.
 - b. FNES 11 Fitness (Fall, Spring, Summer I) 1 cr.
 - c. FNES 12 Team Sports (2 courses) (Fall, Spring, Summer I) 2 cr.
 - d. FNES 13 Dance (Fall, Spring, Summer I) 1 cr.
 - e. FNES 14 Individual Sports (2 courses) (Fall, Spring, Summer I) 2 cr.
 - f. FNES 143 Fundamental Motor Skills (Coreq.: FNES 561) (Fall & Spring) 1 cr.
- FNES 230 Exercise, Balance, and Weight Control (Fall & Spring) 3 cr.
 FNES 253 Psychology of Sport (Fall, Spring, & Summer I) 3 cr.
 FNES 342 Physiology of Muscular Activity (Preq.: FNES 230) (Fall & Spring) 3 cr.

II. Course Requirements for New York State Initial Certificate

- A. Physical Education and Human Movement Studies
- FNES 712 Implementation & Effectiveness of Technology in Phy. Ed. **(b)** (Spring) 3 cr.
 - FNES 730 Mechanical Analysis of Human Movement **(b)** (Fall) 3 cr.
 - FNES 740 Motor Learning **(b)** (Fall) 3 cr.
- B. Professional Education
- ECPSE 550 Foundations of Special Education (Coreq.: FNES 562) (Fall & Spring) 3 cr.
 - SEYS 536 Educational Foundations (Fall & Spring) **(c)** 3 cr.
 - SEYS 552 Educational Psychology (Fall & Spring) **(c)** 3 cr.
 - SEYS 700 Language, Literacy, and Culture in Education (Fall & Spring) **(c)** 3 cr.
 - EECE 711 Ecological Perspectives on Development **(c)** (Fall & Spring) 3 cr.
 - FNES 560 Teaching Process and Assessment in Physical Education (Fall)**(d)(f)** 3 cr.
 - FNES 561 Methods for Teaching Early Childhood and Elementary Physical Education
(requires 25 hrs. of elementary school observation (Preq. FNES 560) (Fall & Spring) **(c)(d)(f)** 3 cr.
 - FNES 562 Seminar in the Teaching of Physical Education (requires 25 hrs. secondary
level school observation)(Preq. FNES 561 & Coreq. ECPSE 550) (Fall & Spring) **(c)(d)(f)** 3 cr.
 - FNES 573 Student Teaching in Physical Education (Preq. FNES 562) (Fall & Spring) **(c)(d)** 6 cr.
- III. Other Requirements for Initial Certification (Non-credit)** 56 credits
1. Fingerprinting
 2. Completion of two mandated workshops (Dignity for All Student Act):
 - a. Child Abuse
 - b. School Violence Prevention.
 3. New York State Tests:
 - a. EAS - Educating All Students
 - b. CST – Content Specialty Test

Contact the Office of Education Certification regarding above requirements at 718-997-5545, Delany Hall, G10.

IV. Additional Requirements to Complete Master of Science in Education **(e)**

- A. Research Core Requirements
- FNES 702 Statistical Methods in FNES (Fall) 3 cr.
 - FNES 705 Research Methods in FNES (Preq.: FNES 702) (Fall) 3 cr.
- B. Content and Pedagogical Requirements
- FNES 713 Curriculum Development in Physical Education (Preq.: FNES 573) (Fall) 3 cr.
 - FNES 714 Analysis of Teaching Physical Education 3 cr.
 - FNES 715 Movement Experiences for Atypical Populations (Spring) 3 cr.
 - FNES 716 Application of Contextual Issues in Physical Education
(Preq.: FNES 705 & 713) (Coreq.: FNES 714) (Spring) 3 cr.
- Written Comprehensive Examination (Fall & Spring only)
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- Total Credits (Initial Certificate and MSED degree) 74 credits

- (a)** FNES 10, 11, 12, 13, and 14 must complete deficiencies within the first year and one-half.
- (b)** Required courses (FNES 712, 730, and 740, and EECE 711) for the MSED degree completed in Initial Certificate Program.
- (c)** Student is required to complete fieldwork during school hours.
- (d)** Courses must be taken in scheduled sequence and not concurrently or as co-requisite.
- (e)** To be admitted to the MSED program, candidates must complete all requirements for the Initial Certificate program, and within one semester, must be awarded and a copy must be provided of the NY State Initial Teacher Certificate of Physical Education.
- (f)** B or above is the passing grade for the course.

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Recommended Course Sequence

The following courses should be taken **early** in the program:

FNES 10, 11, 12 (2), 13, 14 (2)	Physical Activity Courses
FNES 230	Exercise, Balance, and Weight Control
FNES 253	Psychology of Sport
FNES 560	Teaching Process and Assessment in Physical Education (Must earn B or better grade)
SEYS 536	Education Foundation
SEYS 552	Educational Psychology
EECE 711	Ecological Perspectives on Development

The following courses can be taken **midway** through the program:

FNES 143	Fundamental Motor Skills (Co-Requisite of FNES 561)
FNES 561	Physical Education/PreK-Elementary School (Must earn B or better grade)
FNES 342	Physiology of Muscular Activity (Pre-Requisite: FNES 230)
FNES 730	Mechanical Analysis of Human Movement
FNES 740	Basic Principles of Motor Learning and Performance
SEYS 700	Language, Literacy, and Culture Education

The following courses should be taken **later** in the program:

FNES 562	Seminar in the Teaching of Physical Education (Must earn B or better grade)
FNES 712	Implementation & Effectiveness of Technology in Physical Education
ECPSE 550	Foundations of Special Education (Co-Requisite of FNES 562)

The **last** course for Initial Certification program

FNES 573	Student Teaching in Physical Education
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The following courses are to complete the MSED in Physical Education program

FNES 702	Statistical Methods in FNES
FNES 705	Research Methods in FNES (Pre-Requisite: FNES 702)
FNES 713	Curriculum Development in Physical Education
FNES 714	Analysis of Teaching Physical Education
FNES 715	Movement Experiences for Atypical Populations FNES
FNES 716	Application of Contextual Issues in Physical Education

NOTES:

- ① FNES 11, 12 (2), 13, and 14 (2) must be completed before enrolling in FNES 562.
- ② FNES 561, 562, and 573 may not be taken earlier than the semester indicated.
- ③ Student will be expected to student teach at assigned schools for a full semester during school hours. Students may not be compensated, for working during student teaching hours.
- ④ Student should be matriculated and admitted to the MSED program, candidates must complete all requirements for the Initial Certificate program, and within one semester, must be awarded and a copy of the NY State Initial Teacher Certificate of Physical Education must be provided.
- ⑤ FNES 10, 11, 12(2), 13, 14(2), 230, 143, 253, 342, 560, 561, 562, 573, 712, 730, and 740, ECPSE 550, SEYS 536, 552, 700, and EECE 711 must be completed to be awarded the Initial Certificate in Physical Education. Contact the Office of Teacher's Certification at 718-997-5545, Delany Hall, G10.
- ⑥ Student is required to complete fieldwork during school hours for FNES 561, 562, SEYS 536, 552, 700, EECE 711, and ECPSE 550.
- ⑦ Student is required to complete all the MSED courses and the written Comprehensive Examination to be awarded the Advanced Certificate in Physical Education.

***Classes are subject to cancellation due to insufficient enrollment.

Degree Requirement: File Diploma Card with the Registrar's Office in the final semester for graduation, **March 1** for Spring and **November 1** for Fall, otherwise graduation will be postponed and additional fees applied.