

Psychology BA

This course requires 36 **major** credits

PROGRAM KEY POINTS

- The BA in Psychology at Queens College, CUNY, offers a comprehensive education emphasizing theoretical knowledge and practical skills.
- A diverse range of courses covering various psychology subfields including, clinical, cognitive and developmental psychology.

FOUR-YEAR CAREER MAP ADVISORY

- Accompanying the Career Milestones, please use the Academic Degree Program Maps link that offers suggested four-year course combinations and prerequisites based on the undergraduate annual catalog year you started at QC.
- All underlined content in this document acts as a hyperlink to important resources for your guidance. Access these links using the command (*ctrl + click*) or if you are using the printed version, please scan the QR codes.
- Review your academic program maps to align it with your career milestone map.



ACADEMIC MAP



CAREER MAP



* Repeat regularly in each academic year (Years 1, 2, 3 & 4)

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Freshman

FALL

Career Milestones	Done
Access Handshake QC *	
Create a Draft Resume	
Review Courses for the Major	
Join a Student Club on campus	
Attend the Career Center's Meet and Greet Orientation*	
Take a Focus2 career assessment	

SPRING

Career Milestones	Done
Create a LinkedIn Account	
Explore career options for Psychology Majors	
Volunteer in faculty-led psychology labs	
Attend Career Center's workshops	
Join peer-led journal discussion groups	
Schedule an appointment on QC Navigate with an advisor (career, academic and/or faculty) *	

Sophomore

FALL

Career Milestones	Done
Update your Handshake QC profile and interests *	
Develop a network of contact through LinkedIn	
Build out and formulate an effective resume	
Identify a mentor and check-in periodically	
Secure a position as a research assistant	
Attend professional development workshops	

SPRING

Career Milestones	Done
Initiate an independent research project	
Attend local, state, & regional psychology conferences	
Apply for psychology-related summer internships	
Join student professional organizations ; attend career fairs, local meetings, networking, conferences and seminars	
Learn statistical tools like SPSS, R, Stata, Tableau, SQL .	



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Junior

FALL

Career Milestones	Done
Update resume to be more succinct and industry ready	
Present research at student conferences	
Apply for internships on HandshakeQC, Spring Forward, Career Launch , CUNY Tech Prep , LifeSci NYC , etc.	
<u>Assume leadership</u> in psychology student groups	
Enroll in workshops for advanced Excel and data analysis tools	
Utilize LinkedIn and other resources such as The Vault	

SPRING

Career Milestones	Done
Acquire technical internship interview readiness	
Work part-time in a psychology-related role	
Contribute to an undergraduate psychology journal	
Consider self-guided learning outside the classroom	
Participate in a virtual work experience program	

Senior

FALL

Career Milestones	Done
Take advantage of events offered by Career Center to perfect job search, interviewing and employability skills	
<u>Schedule an appointment with the career advisor</u>	
Inform contacts you are searching for a job	
Apply, apply and apply for more jobs. Record your progress	
Complete a senior thesis or capstone project	

SPRING

Career Milestones	Done
Apply for more jobs. Record your progress and remember to follow-up on your applications	
Secure references and recommendations	
If appropriate, complete the process of applying to graduate school	
Connect with our alumni office and join QC alumni	
Connect with alumni on LinkedIn professional groups	



ACADEMIC MAP



CAREER MAP



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